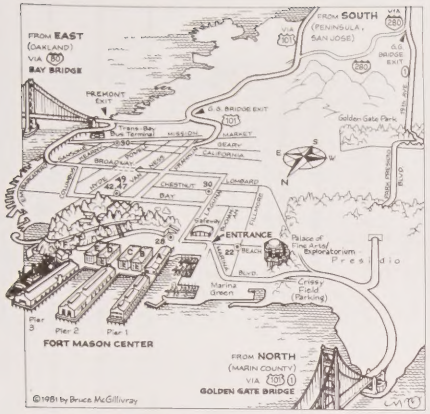

● **Bus Stops** **22** Fillmore, **28** 19th Avenue, **30** Stockton, **42** Downtown Loop, **47** Van Ness, **49** Van Ness/Mission

DIRECTIONS

East Bay-Bay Bridge to Fremont Street Exit; right onto Howard to Embarcadero & turn left; Embarcadero (about 2 miles) to Bay & turn left; Bay (about 2 miles) to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

North Bay-Golden Gate Bridge (US 101) to Marina Exit; Marina Blvd (1.5 miles) to Buchanan & turn left into Fort Mason Center.

Peninsula-US 101 North to 9th St. Exit; 9th to Hayes & turn left; Hayes to Franklin & turn right; Franklin to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

TRANSPORTATION NUMBERS

East Bay-BART (Bay Area Rapid Transit) 788-2278
North Bay-Golden Gate Transit 457-3110
Peninsula-SamTrans 1 800 660-4287
San Francisco-Municipal Railway (MUNI) 673-6864.

INFORMATION LINES

Call 979-3010, Fort Mason Center's 24-hour information line, for a recorded message of current week's activities and events.

Call 441-FMTS, the Fort Mason Box Office ticket service information line.

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DATED MATERIAL

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY

FORT MASON CENTER

Gamelan Sekar Jaya
Guest Artistic Director Dewa Putu Berata. See March 30.
Photo: a.c. Verissimo

MARCH 1996

ON STAGE AROUND THE CENTER

Beast On The Moon
The Eureka Theatre Company presents a play by Richard Kalinoski, directed by David Parr. In 1921 Milwaukee, two young Armenians who have fled the genocide in their homeland seek love in a new land. Together, they discover how to let go of the past and embrace a future both frightening and full of promise. Bayfront Theater; see March 8.

West Coast Live!
San Francisco's original live performance radio show, hosted by Sedge Thomson. Two hours of live music, conversation and play, broadcast on KALW-FM 91.7. The show is now heard in the British Isles, Western and Eastern Europe via the America One audio channel. Cowell Theater; see March 2.

Unselfish Artists
Two Bay Area poets receive the 1995 Distinguished Service to Poets and Poetry Award. Joyce Jenkins and Nanos Valaoritis have demonstrated outstanding excellence in their personal writings, combined with a lifetime of unselfish service for the promotion of American and international literary culture. Includes readings by the award-winners, and a champagne reception. Conference Center; see March 2.

Three Times Four
Bay Area Theatresports presents a mini-tournament featuring three teams each night in a winner-take-all team improv competition. The winning team faces new challengers the following week. Improvised music by the incredible J. Raoul Brody, who promises to be extra brilliant for his birthday show, March 11. BATS players include members of local performing groups, including Fratelli Bologna and True Fiction Magazine. Bayfront Theater; see March 4.

Singing Myself A Lullaby
Performing artist John Henry celebrates life and accepts the inevitability of death in a multidisciplinary collage of compelling theater, dance, visual art, video, lighting and an original music and sound score. Presented by Dancers' Group/Footwork as part of The Edge Festival 1996, six weeks of music and dance in San Francisco. Cowell Theater; see March 8.

5th Annual Celtic Music & Arts Festival
Traditional and contemporary Celtic culture featuring a diverse selection of famous and lesser-known performers plus a marketplace of Celtic arts and crafts, traditional foods and beverages, folk dancing and youth activities. Festival Pavilion; see March 9.

Welsh Arts & Film Festival
Contemporary Welsh art and films. Monday: *Ms. Rhymney Valley* (1985), a narrative documentary by BBC Wales director Karl Francis, who will introduce the film. Tuesday: *Branwen* (1995), a retelling of the ancient myth from the Mabinogi. Includes a reception each night with light refreshments and Welsh ale. Cowell Theater; see March 11.

Asian Pacific Performing Arts Series
The Lily Cai Dancers with a Chinese American world premiere; California Contemporary Dancers in *Morihei Ueshiba & the art of peace*; and the Murasaki Ensemble in a concert of jazz koto and world music. Presented by the Asian Heritage Council, Kariyushi Kai and the Kearny Street Workshop. Cowell Theater; see March 15.

DanceTime
Dance Through Time presents a chronicle of five centuries of social dance in a lively, entertaining, yet historically accurate performance. The nationally-acclaimed company presents a special tribute to its founding artistic director Carol Teten. A reception follows the performance. Cowell Theater; see March 19.

Sue Walden & Co. Gala Auction
Celebrate the art of improvisation at the first annual Gala Auction. The fundraiser launches a capital campaign to build a permanent home for Sue Walden & Co., producer of SF's longest-running improvisational troupe, and other Bay Area improv groups. An evening of great food, lively entertainment, and spontaneous fun. Flash Family performance, music by The Wankers. Conference Center; see March 20.

A Tribute To The Music Of Elton John
The Lesbian/Gay Chorus of San Francisco presents the music of the pop/rock superstar. Fabulous fun, costumes, lights, and music in this tribute to an openly gay rock idol. Cowell Theater; see March 22.

Mintekko '96
The 2nd Annual Bay Area Student Showcase, a gala day of performances and exhibits created by new high school talents. Mintekko (translation: minimum technology) spotlights student creativity in the visual, literary and performing arts. There are no prizes; each student's work is recognized for its place in the student's own intellectual and artistic development. Presented by Bennington College alumni. Conference Center; see March 24.

Tuezzday Stories
Short-story readings by actors presented by *Zyzzyva*, the quarterly of West Coast writers and artists. This month: "Cuban Stories." The series takes place on the last Tuesday of each month at Magic Theatre; see March 26.

Gamelan Sekar Jaya
The music and dance of Bali, led by Dewa Berata. The program includes the San Francisco premiere of a collaboration with Abhinaya Dance Company of San Jose, the first piece in a year-long collaborative project. Cowell Theater; see March 30.

Murasaki Ensemble
Photo: Kallan Nishimoto

YOUNG PERFORMERS THEATRE

Young Performers Theatre is a unique Bay Area institution that produces children's classics, adaptations, and new works, with children from all backgrounds working alongside professional actors. YPT's 14th season includes several delightful plays, including a visit to the ever-popular Chocolate Factory.

Charlie & The Chocolate Factory
Visit Charlie & Willie Wonka in the chocolate factory. The rest of the wonderful characters will be there too: Violet Beauregarde, Veruca Salt, Augustus Gloop, and Grandpa Jo. Hop on the Great Glass Elevator and see the greatest invention—chocolate-producing television. As you enter the theater, what's that amazing aroma? See March 2.

The Great Chocolate Factory Festival
YPT presents theater performance experience accessible to children of all ages. Its Children In Need Program provides birthday parties, performances and classes for children and families unable to afford them. Help support a safe, enjoyable place for children to learn and to act out their dreams. Come to YPT's Great Chocolate Factory Festival, March 30 and 31, Saturday and Sunday from noon to 4pm. See excerpts from Charlie & The Chocolate Factory, sample chocolate and bake sale treats. Tickets are $10 adults, $7 under 13.

The YPT Theatre Arts Academy
Spring 1996 classes started February 12 and continue through May 11. There are classes for all ages—below is a sampling. Days and times vary; cost per course ranges from $125 to $175.

Let's Pretend
For the youngest "Young Performers," an introduction to creative drama through storytelling, puppetry, music, and dramatization. Use of costume box and props in this theatrical environment encourages each child to use the gift of imagination. For ages 3 to 5.

Creative Drama
For graduates of Let's Pretend and other children who are learning to love the magic of drama. Students act out classic and contemporary stories as well as create their own. Emphasis on pantomime, improvisation, character development, and the basics of story structure. For ages 5 to 7.

Musical Theatre
Put on a Broadway musical! Class focuses on basic singing techniques and voice control, dance styles and the ability to "deliver" a song. Includes solo and group singing as well as dialogue. Students work on a mini-musicale and present it at Recital. This exciting class is taught by Bay Area actress, composer, and musician Caroline Altman. For ages 8 and up.

Basic Acting & Stage Performance
A great introduction to the craft of theater. Students work on a scripted play for production at the end of the semester. Emphasis on performance skills such as acting, improvisation, script analysis, and learning to take direction. Also basic stagecraft including lights, sound, costumes, sets, and make-up. For ages 9 to 11.

The Directors' Workshop
Working under the supervision of the adult director of one of YPT's plays, participants act as student directors. They experience directing through a hands-on approach, attending casting call, evening rehearsals and final tech week, participating in an actual production from the beginning to the performance. Limited to two students per production; offered on a first come–first served basis. For ages 10 and above.

Birthday Parties & Touring Shows
YPT also provides a magical environment for theatrical birthday parties, with fantasy, fun and fulfillment for the partygoers. There are three different party packages to suit the needs of any birthday celebration. Parties are held after Saturday and Sunday shows, and include admission to the show.

YPT provides the space, food and even entertainment depending on which kind of package is chosen. There is "The ultimate party package" with Ms. Party, or a variety of "Special Theme Parties" with a character of choice. Prices start at $10 per child, with a minimum of 12 children and 2 adults.

There are also four wonderful touring shows available. For information about any of YPT's programs or productions, call 346-5550.

OUTERWORLD

The Academy of Friends (AOF), one of the largest and oldest AIDS fundraising organizations in San Francisco, presents "Outerworld, A Journey Through Alien Lands." The 16th Annual Oscar Night Gala benefits Bay Area organizations that provide a variety of critical services and health care for people affected by HIV and AIDS.

The black-tie affair includes a broadcast of the Oscar ceremony on dozens of large-screen TVs, followed by one of San Francisco's biggest dance parties, surprise guests, and special entertainment. A silent auction and a raffle offer prizes such as a luxury automobile, exotic travel, fine art, and custom furniture.

Patrons experience the finest in film, special effects and "entertainment from this world and beyond." Special treats include cuisine from the city's top restaurants and caterers, and wine from California's finest vintners.

What began as a small, private Oscar Night Party in 1980 has grown to become one of the city's largest nonprofit contributors to AIDS organizations. AOF has raised more than $1 million in private donations, providing much-needed services and support for people affected by the AIDS crisis.

The annual Oscar Night Gala is the cornerstone of AOF's successful fundraising, having grown to be the second largest celebration of its kind in the world. Only the official Oscar awards ceremony is larger. Annually, the Gala attracts more than 1,500 patrons, with 100% of all Gala ticket sales going directly to targeted AIDS charities. This year, there are eight beneficiaries.

AIDS Benefits Counselors is an outreach/advocate program for services to underserved populations in neighborhoods like the Tenderloin. AIDS Legal Referral Panel provides telephone counseling and referrals through a network of more than 500 attorneys. ARIS (AIDS Resources, Information and Services), based in Santa Clara, provides direct client services.

California Pacific Medical Center Visiting Nurses and Hospice provides a full range of services in a collaborative project with Mission Neighborhood Housing, Maitri AIDS Hospice and Glide Memorial Church's Therapeutic Housing Facility. These are services for mostly low-income men, women and children living with HIV.

Glide Goodlet HIV/AIDS Services, another program of Glide Memorial Church, will hire a fulltime case manager specializing in women's services with funds received from this benefit. HIV Care Program of St. Francis Memorial Hospital will use funds to help implement community-based clinical trials of potential AIDS therapies at no cost to the patients.

Most Holy Redeemer AIDS Support Group will use their share of funds for volunteer recruitment, education and recognition programs. Volunteers provide in-house practical and emotional support services.

The National Task Force on AIDS Prevention will expand its program for young men of all colors. Services include workshops and other methods of providing safe sex information to underserved populations.

"Outerworld" takes place in the Festival Pavilion on Monday, March 25, from 5:30pm to midnight. Tickets are $125. For information, call 252-0713.

VIOLENCE PREVENTION FORUM

The California Wellness Foundation and the University of California present "Forum on Violence Prevention: Strategies and Interventions." The program is co-sponsored by the Center for Disease Control and Prevention's newly funded Violence Research and Social Policy Institute, based at the King/Drew Medical Center in Los Angeles.

The Forum is designed to provide to local governmental officials, civic leaders and other policymakers, community and media leaders information on the causes of community violence and prevention strategies. Presentations focus on the disproportionate impact of violence on groups such as ethnic minority communities, women, and children.

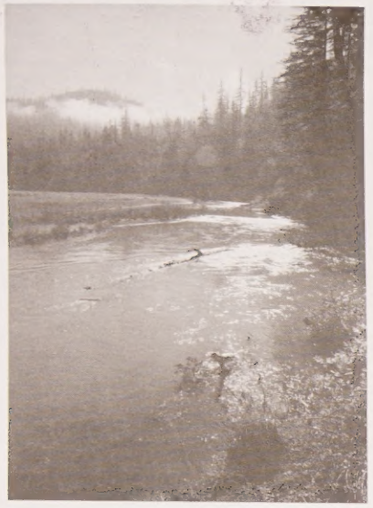
The program draws on the expertise of University researchers, directors of community programs, medical personnel, legislators, city and county officials, and representatives of affected groups. The latest scholarship and the best examples of hands-on experience are discussed. Attendees learn about programs in various stages of development and implementation, in schools and in the community. New information about violence prevention and various interventions is included.

The day-long event begins with a panel presentation, followed by interactive workshops on media advocacy, gang conversion, youth program alternatives, city/community strategies, training models for health professionals, and family violence prevention.

The California Wellness Foundation is an independent private organization created to improve the health of the people of California, and to facilitate the development of public policies that support health promotion and disease prevention. It was funded in February 1992 by a substantial endowment from Health Net, California's second largest health maintenance organization. The Foundation presents a Wellness Lecture Series each year, available on videotape and in book form. For information or to order, call (619) 534-3455.

The program takes place on Tuesday, March 12 from 8:30am to 5pm in various locations around the Center. Admission (free; box lunch provided) to the event is limited to those who have pre-registered. For information about attending this forum, call (510) 987-9320.

A WATERSHED ADVENTURE



South Fork Eel River
Photo: Tim Palmer

Friends of the River presents the 16th Annual Rivers Festival for paddle sport enthusiasts, people who fish, hikers, and river conservationists. Festival highlights include speakers, workshops, meetings, exhibits, a children's faire, a kayak race, gear swap and auction, and good food.

FOR is California's premier river conservation group, working to protect and restore the state's rivers and streams.

The Exhibit Hall presents representatives from the retail industry, manufacturers and environmental organizations. Learn what's new for 1996, and meet the people who set the trends.

There's a Swap Meet in the Firehouse, the West Coast's largest sale of equipment from "almost brand new" to "still works." It's the ideal place to find needed gear for reasonable prices. Fifteen percent of the sale price goes to FOR.

"'Round the Rock" is a kayak race on the Bay for intermediate to expert paddlers. It's also great for spectators. Launch is at Aquatic Park on Sunday at 9am. Fee is $15 pre-registration, $25 on site; rental boats provided by California Canoe and Kayak for $15. Proceeds go to FOR. Call (916) 442-3155 to reserve rental equipment.

The program includes a Children's Festival in the Herbst Pavilion. Activities include face painting, cupcake decorating, drawing, paddling for little people, planning family river trips and storytelling. All-day admission is $5 per day; no pre-registration is required. Cupcake decorating is Saturday at 3pm, Sunday at 12:30pm.

New this year is "Paddlestrokes," a gallery of river running and paddlesports images. This three-day show benefits artists, paddlers, and FOR. See the exhibit; make a purchase, and 50% of the sales price goes directly to FOR to help protect watersheds. The Gallery is open throughout the Festival.

The Rivers Festival is March 8 through 10, Friday, Saturday and Sunday from 8am to 10pm in various venues around the Center. For details, see March 8. For information, call (916) 442-3155.

SAVE THE DAY WALK

When a fire burns down half a city, it's called a major disaster and is shown on TV all over the world. When a fire burns one family out of their home, it's no less a disaster for that family.

Every day of the year the Bay Area Chapter of the American Red Cross responds to an average of two of these "small disasters." A team of trained workers is sent to each incident, armed with the resources to provide food, shelter and clothing to those in need. An average of $1,500 a day is spent on direct services to victims of these local disasters. To help raise funds, the "Save The Day" campaign was launched.

Bay Area residents and businesses gather pledges from family, friends, co-workers and neighbors for "Save The Day Walk." Funds raised from the approximately four-mile walk will be used to support local disaster relief and recovery services.

Beginning at the Herbst Pavilion, the walk takes a scenic route along the San Francisco Marina, through the historic Presidio, and back to the Pavilion where walkers are invited to a post-walk event. The party and fair features live entertainment, food and drink, as well as informational, educational and promotional booths on health and safety.

Everyone is welcome to participate in the walk, free of charge; pledges should be sought and secured prior to the walk. Admission to the party is free to walkers who have pledges of $50 or more. Participants who don't get a minimum of $50 in pledges can attend the party for a $15 admission fee. Bonus gifts include a T-shirt for $100 in pledges; $250 earns a T-shirt plus a water bottle holder.

Participants don't have to collect the money. Walkers just fill out a pledge information form, and walk sponsors will be billed later. They can even pay by credit card.

"Save The Day Walk" coincides with National Red Cross Month. The walk provides an opportunity for individuals, families, and corporate teams to participate in a day of exercise, education, and celebration in support of the American Red Cross Bay Area Chapter.

"Save The Day" takes place on Sunday, March 3, with registration at 8am and walk beginning at 9am sharp. For information, call 202-0525.

ART IS ART

"I've never understood people who consider craft something 'artisans' do and painting something 'artists' do," said Helen Heninger. "The intuitive spark that creates a wonderful work is just as meaningful in clay, chiseled wood, glass and other materials as it is in oils. Art is art."

The San Francisco Craft & Folk Art Museum presents approximately fifty artists who showed their work at Gumps during Heninger's tenure as gallery director, from 1959 to 1991. The exhibition is a salute to and celebration of these two San Francisco institutions.

Gumps, originating in the late 1800s, was destroyed by the fires resulting from the 1906 earthquake. After rebuilding, Gumps began importing treasures from Asia.

Under Richard Gump, who inherited in 1947, the store set new standards for interior decor. Some of the finest craftspeople from all over the United States have shown and sold their work at Gumps. Heninger started in the china and glassware department, but soon transferred to the craft gallery. She was to be its director for 34 years.

Gumps sent Heninger on museum tours, to classes at the California College of Arts and Crafts and the San Francisco Art Institute. She read everything available about crafts, and attended every opening she could both in San Francisco and New York.

Since people came from all over the world to visit Gumps, Heninger was determined to show the best American crafts available. She preferred to visit studios whenever possible, often becoming friends with the artists. Many of these friendships lasted, and all of the artists with whom she worked remember her with great affection. Her contribution to the craft field has been enormous.

Heninger left Gumps in 1969 to work in Palo Alto and later in New York. She returned to Gumps in 1976, traveling widely in the US and Europe looking for outstanding fine crafts. She retired in 1991, and now lives in Santa Fe where she is an art consultant.

The exhibition includes a tapestry by the surrealist artist Leonora Carrington; ceramics by Robert Arneson, Rick Dillingham, Shuji Ikeda, Otto and Gertrud Natzler, Jim Craft, Armin Müller, Ernest Prieto, Peter Voulkos and Beatrice Wood; woodwork by Bob Stocksdale, Ed and Phillip Moulthrop and Mike Shuler; glass by William Morris, Flora Mace and Joey Kirkpatrick; and metal by June Schwarcz.

On the mezzanine is an exhibition of works by self-taught Lithuanian artist Vitalijus Cepkauskas.

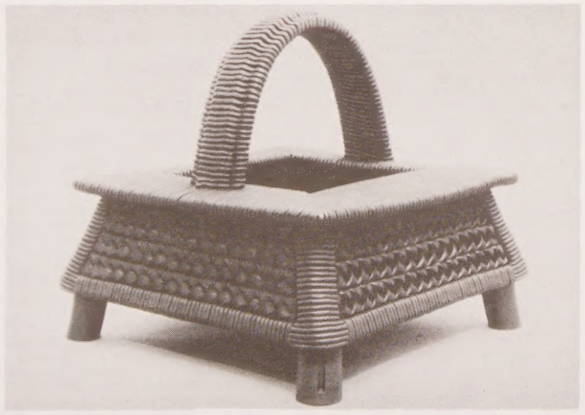
In 1989, at the age of 25, he began creating highly individual wooden sculptures inspired by traditional Lithuanian wood sculpture and folklore. His work combines ancient folk art traditions with a modern sensibility.

Cepkauskas produces a variety of works including bas relief, bronze ornaments, jewelry, collages and paintings. Most of his works are small wood sculptures depicting mythical or Biblical figures "that radiate a captivating innocence." His creations are made of wood and found objects, including wire, nails, leather, chain, buttons, metal and plastic, which he combines with paint in unique and imaginative ways.

Curator Bob Rees teaches English language and literature in Lithuania. He and his wife discovered the work of Cepkauskas in a Vilnius artists' cooperative, one of many that have sprung up in the former Soviet bloc country.

Cepkauskas' work has been shown in Europe and was part of the 1993 UNESCO international exhibition in Paris. He is currently represented in several California collections.

The two exhibitions opened January 6 and continue through March 17. For details, see Galleries listing. For information, call 775-0990.



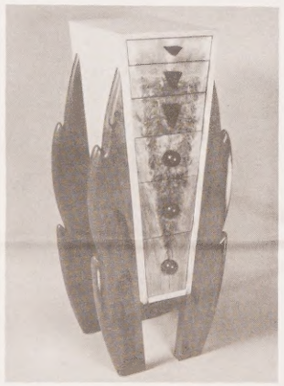
Artist: Shuji Ikeda

FORT MASON CENTER...

...showcases the best American crafts.

Craft At Gumps: The Helen Heninger Years—see article "Art Is Art."

THE WORLD OF CRAFTS



Chest Of Drawers
by Charles Cobb

The Contemporary Crafts Market celebrates the creativity of utilitarian art, with more than 350 artists from across the country discussing and selling their work.

The Market presents decorative and functional art, showcasing top designers of ceramics, woodwork, photography, jewelry, glass, fiber arts and more. Established more than a decade ago, the Market offers visitors the opportunity to turn every part of their home into an art gallery, offering everything from finely carved furniture to sleek dishes and hand-blown glasses, raku-fired vases, and fanciful teapots.

The show also features a lecture series, for art lovers who would like a more intimate glimpse into the world of crafts. Among the lecturer-artists are Susan Pascal Beran on metal sculpting and Charles Cobb on woodworking.

Susan Beran creates large-scale kinetic metal sculptures. Parts move with the flow of water or wind. A piece entitled "Mermaid," for example, uses water currents to put the figure in motion.

Beran's pieces, each taking about a year to complete, are made of copper, stainless steel, titanium and glass. Her work is designed to endure outdoors, to be resilient to the elements. This year's sculptures by Beran, incorporating computers and robotics, are featured in the garden area of the Market.

Charles Cobb creates tables, chairs, dressers and other furniture, using a mixture of brilliantly colored woods in "a whimsical arrangement of geometric and organic lines." He uses whatever methods and tools the piece dictates, including nails, screws, power or hand tools. "It's the look of the piece that is most important, not how it is achieved," says Cobb. He starts with the natural surface of one particular piece of wood as the inspiration for the finished product.

The Contemporary Crafts Market takes place in the Herbst and Festival Pavilions March 15 through 17, Friday from 2 to 8pm, Saturday and Sunday from 10am to 6pm. For details, see March 15. For information, call 995-4925.

SFAI ANNIVERSARY

March 1996 marks the 125th anniversary of the San Francisco Art Institute, an occasion being celebrated throughout the city.

Gertrude Bleiberg Retrospective & Rental Gallery SFAI Alumni
The San Francisco Museum of Modern Art Rental Gallery joins the SFAI anniversary celebration with a Gertrude Bleiberg retrospective that covers her work from 1970 to 1996. On view in the upstairs gallery are works by twelve Rental Gallery SFAI alumni who helped make the Gallery a hotbed of local talent.

A 1977 graduate, Bleiberg discovered her calling late in life. She was 50 when she started painting seriously. Best described as originating in expressionism, her work combines intense hues with scraped textures and lines, the elements set in unpredictable swirling spatial constructions.

The Alumni exhibition includes works by Olive Ayhens, Michael Almaguer, Ann Carter, Mike Henderson, Michael McDowell, Shari Lamanet-Lalonde, Tony Ligamari, Thomas Nakada, Kent Roberts, Chikako Okada, Inez Storer and Lani Tanaka.

These exhibitions run March 6 through 29, with an opening reception on Wednesday, March 6 from 5:30 to 7:30pm. For details, see Galleries listing; for information, call 441-4777.

Maestri e Scolari
The Museo ItaloAmericano presents an exhibition featuring well-known SFAI alumni and faculty of Italian descent. Bay Area art history is peppered with the names of Italian artists who had an association with the Art Institute.

Early in the 20th century, three artists of Italian and Swiss-Italian birth—Gottardo Piazzoni, Renato Cuneo and Giuseppe Cadenasso—were dominant forces in California landscape painting, with national influence. After 1945, Bay Area artists came to the forefront with their own brand of West Coast Abstract Expressionism that included the vigorous paintings of John Grillo, who later migrated east.

During the birth of the Beat movement in the late fifties, Jay De Feo gained prominence. Her influence is again being seen, despite her untimely death in 1989. The Whitney Museum of American Art recently acquired *The Rose*, De Feo's most important and monumental painting. The Whitney is also organizing a major exhibition of Beat era visual arts, opening later this year.

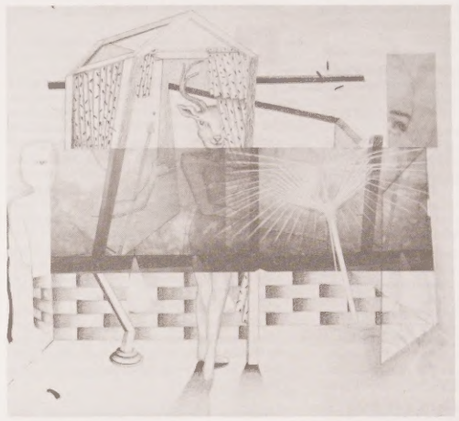
Joan Brown was a leader in the resurgence of figurative art during the fifties, with an aggressive Abstract Expressionist technique. Her ironic people-dominated paintings soon gave way to a Pop Art manner that became her signature style.

During the sixties, many artists brightened their palettes and smoothed their brushstrokes, resulting in a hard-edged, geometric abstraction often referred to as minimalism. Joel Barletta, referred to by critic Alfred Frankenstein as San Francisco's most important artist, and Guy John Cavalli were two of the most significant early practitioners of this style. Tony Ligamari and Bruno Rigacci carry on this tradition.

The works of Joseph Raphael and Karen Breschi are also current representatives of the figurative tradition—his with colorful, effervescent depictions of water, hers with surrealist overtones.

The exhibition includes works by Michael Alfe, Beniamino Bufano, Tony Costanzo, Stanley Galli, Narcissus Quagliata and Deborah Oropallo.

"Maestri e Scolari: Italian American Teachers and Students of the San Francisco Art Institute, Past and Present" opened February 28 and continues through April 28. There is a reception on Wednesday, March 6 from 5:30 to 7pm. For details, see Galleries listing. For information, call 673-2200.



Tent by S. Lamanet LaLonde, SF Museum Of Modern Art Rental Gallery

GALLERIES

Coffee Gallery Works by students & instructors at the CCSF Fort Mason Art Campus. Daily 8am-11pm FREE adm Lobby Bldg B 561-1840

Mexican Museum Gallery Wed-Sun Noon-5pm $3-$2, children 10 & under FREE Bldg D 441-0404
From The West: Chicano Narrative Photography Fourth/final of the traveling exhibition series *Redefining the Aesthetic: Towards a New Vision of American Art*. Chicano photographers explore culturally constructed ideas/images of "The West" & how these have affected & continue to affect cultural ideas about America, Mexico & Mexican Americans. Curated by Chon Noriega, Professor of Film & Television at UCLA. 12/9/95-3/3
Nahum Zenil: Witness To The Self/Testigo del Ser First solo exhibition in the US of this major contemporary Mexican artist. The show spans the artist's career & explores his use of the body as a means to analyze society. 3/16-9/1
Orientation Gallery Recent acquisitions. 2/10-9/15
Reception 3/15 Fri 6-8pm FREE

Museo ItaloAmericano Gallery Wed-Sun Noon-5pm $2-$1 (3/6 1st Wed/mo Noon-7pm FREE adm) Bldg C 673-2200
Maestri e Scolari An exhibition of works from past & present Italian American teachers & students of the SF Art Institute in celebration of the Art Institute's 125th anniversary. Artists include Michael Alfe, Joel Barletta, Karen Breschi, Joan Brown, Beniamino Bufano, Giuseppe Cadenasso, Guy John Cavalli, Tony Costanzo, Renato Cuneo, Jay De Feo, Stanley Galli, John Grillo, Tony Ligamari, Deborah Oropallo, Gottardo Piazzoni, Narcissus Quagliata, Joseph Raphael & Bruno Rigacci. 2/28-4/28
Sicilia Bella: The Other Side Of Sicily Symposium celebrating Italy's magical island with presentations by many of the world's leading authorities on Sicilian history, literature, language & culture. 3/1&2: Fri 7:30-9pm lectures "Sicily Celebrates" by Carol Field & "Sicilian Cooking: Food & Metaphor" by Carlo Middione; Sat presentations 9:30am-4pm "What Makes a Sicilian" by Gaetano Cipolla; "Sicily: The Cradle of Italian Literature" by Lisa Erdberg; "Sicily: The Legacy of Confluent Cultures" by John Field; "City Builders & Image Makers: The Sicilian Presence in San Francisco" by Deanna Gumina; & "The Tragic Tensions between Attachment to Land & the Need to Emigrate" by Justin Vitiello. Symposium luncheon hosted by former Mayor Joseph Alioto features famous street food of Sicily prepared by Chef Carlo Middione (Optional; space limited, adv. res. req.) Bldgs C/A $75-$35
A Taste Of France & Italy Kate Ratliffe, author of *A Culinary Journey In Gascony: Recipes & Stories From My French Canal Boat*, discusses the similarities & differences of two great cuisines. Slide show, appetizers & wine tasting. 3/20 Wed 7pm $10 Bldg A
Italian Language Classes 3/18-5/23
Maestri e Scolari Reception 3/6 Wed 5:30-7pm FREE

SF African American Historical & Cultural Society "Portraits In Black: Celebrating The Buffalo Soldiers." Rare photographs & artifacts depicting the history of the African American soldier in the US Army from 1866 to 1991. 5/1/95-3/31 Tue-Sun 11am-5pm (Mon by appt only, for group tours) $3, children under 12 $2 (3/6 1st Wed/mo Noon-7pm FREE adm) Bldg C 441-0640

SF Craft & Folk Art Museum Gallery Tue-Fri & Sun 11am-5pm, Sat 10am-5pm $1 (FREE adm Sat 10am-Noon & Gift Shop open late 3/6 1st Wed/mo Noon-7pm) Bldg A 775-0990
Craft At Gumps: The Helen Heninger Years A salute to Gumps & Helen Heninger. The work of 50 artists who showed at the Gumps gallery from 1954 to 1991, during Heninger's tenure. 1/6-3/17
Lithuanian Folk Artist: Vitalijus Cepkauskas Self-taught Lithuanian artist Vitalijus Cepkauskas creates wooden sculptures inspired by traditional folklore combined with modern sensibility. 1/6-3/17
Small Wonder The work of 50 "crossover" artists: fine artists who use the materials & techniques of crafts. Curated by Robert McCauley, art professor, artist of expansive vision & chairman of the art department at Rockford College, Illinois. 3/23-5/26
Have Birdcage, Hat Box & Silk Case; Will Travel A look at the role of design in three specific & varying types of household containers from late 19th & early 20th-century China & Japan, from the collections of Ted Cohen & Patsy Donegan. 3/23-5/26
Docent Tours 3/2-30 Sat 11:15am FREE
What Is It All About? Artist & educator Robert McCauley gives a slide show/lecture about the "Small Wonder" exhibit. 3/26 Tue 4-5pm $5 Bldg C
Reception 3/26 Tue 5-7pm FREE

SF Museum Of Modern Art Rental Gallery In celebration of the 125th anniversary of the SF Art Institute, SFMOMA presents a Gertrude Bleiberg Retrospective & an exhibition of alumni artists who have previously exhibited at the Gallery. 3/6-29 Tue-Sat 11:30am-5:30pm, Reception 3/6 Wed 5:30-7:30pm FREE adm Bldg A 441-4777

Birdcage China, late 19th-early 20th century see SF Craft & Folk Art Museum

MARCH AT A GLANCE

Events

Sicilia Bella: The Other Side Of Sicily see 3/1
Unselfish Artists see 3/2
Save The Day Walk see 3/3
First Wednesday At Fort Mason see 3/6
A Watershed Adventure see 3/8
Celtic Music & Arts Festival see 3/9
Welsh Arts & Film Festival see 3/11
Sterling Silver Jewelry Sale see 3/15
Contemporary Crafts Market see 3/15
Persian & Oriental Rug Auction see 3/16
Psychic Healing Fair see 3/16
A Taste Of France & Italy see 3/20
Sue Walden Gala Auction see 3/20
Blood Drive see 3/23
Mintekko '96 see 3/24
Outerworld see 3/25
Bay Area Book Reviewers Awards see 3/28
Great Chocolate Factory Festival see 3/30
Women's Heritage Museum Book Fair see 3/31

Theater

West Coast Live! see 3/2
Charlie & The Chocolate Factory see 3/2
Rolling Home: Stories Of The Sea see 3/2
Three Times Four see 3/4
Singing Myself A Lullaby see 3/8
Beast On The Moon see 3/8
Mintekko '96 see 3/24
Tuezzday Stories see 3/26
Recess! see 3/29

Music/Dance

Singing Myself A Lullaby see 3/8
Asian Pacific Performing Arts Series see 3/15
Dance Through Time see 3/19
A Tribute: The Music Of Elton John see 3/22
Mintekko '96 see 3/24
People Like Me *see 3/26*
Gamelan Sekar Jaya *see 3/30*

Children/Family Activities

Charlie & The Chocolate Factory see 3/2
Open House: SF Children's Art Center see 3/17
People Like Me see 3/26
Great Chocolate Factory Festival see 3/30

Lectures

American Sovereignty see 3/1
Astrology Seminar Series see 3/5
Forming A Nonprofit Organization see 3/6
Understanding Dreams see 3/7
Thursday Night Tarot see 3/7
Copyright Clinic see 3/9
SF Tesla Society see 3/10
Plants & Herbs In Medicine see 3/11
Improve The Value Of Your Property see 3/11
Violence Prevention see 3/12
Personal Growth Seminar see 3/15
Film Contracts & Clearances see 3/20
From Basics Forward see 3/22
World As Love: World As Self see 3/23
More Than Meets The Eye see 3/30

Meetings

Alcoholics Anonymous see 3/2
Church By The Bay see 3/3
SF Living Foods Support Group see 3/3
Adult Children Of Alcoholics see 3/6
Business Opportunity Meeting see 3/7
Underwater Photographic Society see 3/8
Am. Society Of Media Photographers see 3/14
SF Regional Mensa see 3/16
Sisters In Crime see 3/17
SF Apartment Association see 3/18
SF Bay Area Postcard Club see 3/23
Shaperite Executive Training see 3/23
Jewish Genealogical Society see 3/24
Rebirthing Group see 3/24
Clipper/Database User Groups see 3/25
Make Historical Miniatures see 3/28

Readings/Receptions/Tours

SF Craft & Folk Art Museum Tours see 3/2
Unselfish Artists see 3/2
Maestri e Scolari see 3/6
Gertrude Bleiberg & SFAI Alumni see 3/6
Fort Mason Center Tour see 3/9
Nahum Zenil see 3/15
Small Wonder & Have Birdcage, Hat Box & Silk Case see 3/26

FORT MASON CENTER

FOUNDED IN 1976

MARCH 1996

1 FRIDAY

Book Bay Bookstore Bargain books. 3/1-31 Tue-Sun 11am-5pm FREE adm Friends of the SF Public Library Bldg C 771-1076

J. Porter Shaw Maritime Library Premier collection of maritime history: books, magazines, oral histories, ships' plans & SF Maritime National Historical Park's 250,000 photographs. Orientations by reservation. 3/1-30 Tue 5-8pm, Wed-Fri 1-5pm, Sat 10am-5pm FREE Bldg E 556-9870

American Sovereignty: The Missing Perspective What is the law that applies to you in your house & at work? The Northern California House of Common Law presents a seminar with featured speaker Jeffrey Craig 3/1-3. Fri FREE Introduction to seminar, Sat "How to Declare Your Own Law In Your House! Steps to Creating a Free Market Contractual Association," Sun "The Right to Self-Government in Township Jural Societies." Res. req. Fri 6:30-9pm, Sat&Sun 9am-6pm $35 Bldg C (800) 960-8722

Sicilia Bella: The Other Side Of Sicily Symposium celebrating Italy's magical island with presentations by many of the world's leading authorities on Sicilian history, literature, language & culture. Lectures "Sicily Celebrates" by Carol Field & "Sicilian Cooking: Food & Metaphor" by Carlo Middione. Presentations "What Makes a Sicilian" by Gaetano Cipolla, "Sicily: The Cradle of Italian Literature" by Lisa Erdberg, "Sicily: The Legacy of Confluent Cultures" by John Field, "City Builders & Image Makers: The Sicilian Presence in San Francisco" by Deanna Gumina, "The Tragic Tensions between Attachment to Land & the Need to Emigrate" by Justin Vitiello. Optional symposium luncheon featuring the famous street foods of Sicily prepared by Chef Carlo Middione is hosted by former SF Mayor Joseph Alioto. 3/1&2: Symposium Fri 7:30-9pm, Sat 9:30am-4pm; lunch Sat 12:30-2pm (space limited, adv. res. req.) $75-$35 Museo ItaloAmericano Bldgs C/A 673-2200

Beast On The Moon see 3/8 ●

2 SATURDAY

Alcoholics Anonymous Weekly waterfront meeting w/open discussion, speakers & support for recovering sober alcoholics. Coffee served. 3/2-30 Sat 9-11am, Sun 8-9:15pm FREE Bldg C 621-1326

West Coast Live! "San Francisco's Live Radio Show to the World" extends its listenership beyond the USA to 24 million homes throughout Europe, from Ireland to Italy & Finland to France via the America One audio channel. Sedge Thomson hosts SF's original live performance radio show, broadcast from Fort Mason on KALW-FM 91.7. Two hours of live music, conversation & play. You may even be chosen to operate the Biospherically Enhanced Digital Optical Aquaphone! 3/2-30 Sat 10am-Noon $12-$10 FMC "Friends" $1 off w/mbrs card. Reservations req. Cowell Theater 664-9500 ●

SF Craft & Folk Art Museum Docent Tours "Craft At Gumps: The Helen Heninger Years" & "Lithuanian Folk Artist: Vitaljus Cepkauskas" 3/2-16. "Small Wonder" & "Have Birdcage, Hat Box & Silk Case; Will Travel" 3/23&30. Sat 11:15am FREE adm Bldg A 775-0990

Charlie & The Chocolate Factory Visit Charlie & Willy Wonka in the chocolate factory with Violet Beauregarde, Veruca Salt, Augustus Gloop & Grandpa Jo. Hop on the Great Glass Elevator, see the greatest invention—chocolate-producing TV—smell that amazing aroma! 2/24-3/24 Sat 1pm, Sun 1&3:30pm $7-$5 FMC "Friends" $1 off w/mbrs card Young Performers Theatre Bldg C 346-5550 ●

Rolling Home: Stories Of The Sea SF theater artist & storyteller Mark Kenward with an evening of tall tales: the true story of the 1820 wreck of the whaleship *Essex*, an original story based on the 1896 wreck of the *Blairmore* in SF Bay, & an adaptation of Hemingway's *The Old Man & the Sea*. Sponsored by the Assoc. of the National Maritime Museum Library. $3-$2 5:30-7:30pm J. Porter Shaw Maritime Library Bldg E 556-9870

Unselfish Artists Distinguished Service to Poets & Poetry Awards celebrates the work of two Bay Area residents & accomplished citizen-poets. Champagne reception, award ceremony & readings by the 1995 award-winners Nanos Valaoritis & Joyce Jenkins. Hosted by the National Poetry Assoc. 7:30pm $10-$7.50 Bldg A 776-6602

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
American Sovereignty see 3/1

● Friends of the Fort Discount

Sicilia Bella: The Other Side Of Sicily see 3/1
Beast On The Moon see 3/8

3 SUNDAY

Save The Day Walk A day of exercise & celebration in support of the American Red Cross Bay Area Chapter. A scenic four-mile walk along the Marina & through the Presidio, beginning & ending at the Herbst Pavilion where participants are invited to the post-walk party. Enjoy beverages & entertainment, & the opportunity to browse through informational, educational & promotional booths. Post-walk party FREE w/pledges totaling $50 or more, under $50 pledges $15 adm. Call for pledge forms, early registration & to volunteer. Reg. 8am, walk 9am $15-FREE Herbst Pavilion 202-0525

Church By The Bay Regular services of this nondenominational church. 3/3-31 Sun 10am-Noon FREE Bldg C 242-0995

SF Living Foods Support Group Raw vegetarian potluck, gourmet demonstrations & lecture. 12:30-3:30pm $3 Bldg C 751-2806

Book Bay Bookstore see 3/1
American Sovereignty see 3/1
Alcoholics Anonymous see 3/2
Charlie & The Chocolate Factory see 3/2 ●

4 MONDAY

Three Times Four Bay Area Theatresports (BATS) presents a mini-tournament featuring three teams of improvisers each night, in a winner-take-all competition. 3/4-25 Mon 8pm $8-$6, group rates available FMC Friends $1 off w/mbrs card Bayfront Theater Bldg B 824-8220 ●

5 TUESDAY

Astrology Seminar Series by the National Council for Geocosmic Research. 3/5 Tue Joyce Levine discusses "Family Dynamics - How & Why We Get Along." 3/14 Thur Reb Hand describes "Day & Night, Sects In Astrology: A New/Old Way Of Restoring A Balanced Polarity In Astrology." 7:30-9:30pm $18/session Bldg C 558-9614

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1

6 WEDNESDAY

First Wednesday At Fort Mason Museums & galleries at Fort Mason stay open late & admission is FREE Noon-7pm 441-3400 see Galleries
Museo ItaloAmericano "Maestri e Scolari" Bldg C
SF African American Historical & Cultural Society "Portraits In Black: Celebrating The Buffalo Soldiers" Bldg C
SF Craft & Folk Art Museum "Craft At Gumps: The Helen Heninger Years" & "Lithuanian Folk Artist: Vitalijus Cepkauskas" Bldg A
SF Museum Of Modern Art Rental Gallery "Gertrude Bleiberg Retrospective 1970-1996" & "Rental Gallery SFAI Alumni Exhibition" Bldg A

Maestri e Scolari Opening reception 5:30-7pm FREE adm Museo ItaloAmericano Bldg C 673-2200

Gertrude Bleiberg Retrospective & Rental Gallery SFAI Alumni Exhibition Opening reception 5:30-7:30pm FREE adm SF Museum of Modern Art Rental Gallery Bldg A 441-4777

Forming A Nonprofit Organization An attorney experienced in nonprofit issues discusses the steps in forming a nonprofit organization, including articles of incorporation, bylaws & federal tax exemption application. 7-8:30pm $15 FMC "Friends" $1 off w/mbrs card California Lawyers for the Arts Bldg C 775-7200 ●

Adult Children Of Alcoholics A 12-step program focusing on parental alcoholism's effect on childhood as manifested in dysfunctional adult behavior. 3/6-27 Wed 7:30-9:30pm FREE Gatehouse 442-7998

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Beast On The Moon see 3/8 ●

7 THURSDAY

Theatrical & Commercial Headshots Headshots for theatrical auditions, those seeking agency representation or wanting to update photos. 3/7-21 Thur, 3/30 Sat 9am-6pm $140/women (includes makeup) $120/men Bldg C 969-3777

Business Opportunity Meeting Learn about entrepreneurial business opportunities in telecommunications customer acquisition. 3/7-28 Thur 7-9pm FREE Bldg C 342-4100

Understanding Dreams: Your Priceless Gifts Of Insight "Dreams are your greatest hotline to God & a fascinating journey into self-discovery." Lecture by Betty Bethard, mystic healer & author of *The Way Of The Mystic* & *The Dream Book*. 8pm $10-$7 Firehouse (707) 765-2200

Thursday Night Tarot Spiritual discussion group focusing on the Tarot Major Arcana as symbolic of the Cabalistic Path to Self-Realization. 3/7-28 Thur 8-10pm FREE Bldg C 454-6109

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Beast On The Moon see 3/8 ●

8 FRIDAY

A Watershed Adventure 16th Annual Rivers Festival for paddle sport enthusiasts, people who fish, hikers & river conservationists. Activities include live & silent auctions, Wilderness Medicine/CPR certification class, meetings & workshops on river conservation & recreation, exhibits, kayak races, swap meet & food. Festival highlights: keynote speaker Mark Wellman discussing the adaptation of sports for the disabled; Eric Perlman & Mark Wellman's "No Barriers," documentary on extreme disabled athletes; "PaddleQuest," new film documenting the Timex Expedition Team & featuring the Futaleufu River; 1995 International Whitewater Challenge video presentation; "Paddlestrokes Gallery," a 3-day art show of river running & paddlesports, & a Children's Festival with face painting, drawing, storytelling, "boat hopping," paddling for little people & planning family river trips. Sponsored by Friends Of The River. 3/8-10 Fri-Sun 8am-10pm $40-$5 (must pre-reg. for CPR class) Herbst Pavilion 771-0400

Underwater Photographic Society Monthly meeting w/slides, film or lecture on diving around the world, plus information on upcoming dive trips & events. 7:30-10pm FREE Bldg C (510) 635-2943

Singing Myself A Lullaby Performing artist John Henry celebrates life & accepts the inevitability of death in a multidisciplinary collage of compelling theater, dance, visual art, video, lighting & an original music score. It examines the image of the self as one individual prepares for his death from AIDS. Presented by Dancers' Group/Footwork as part of The Edge Festival 1996 (2/15-3/24). 3/8&9 Fri&Sat 8pm $15-$12 FMC "Friends" $2 off w/mbrs card Cowell Theater 824-5044 ●

Beast On The Moon In 1921 Milwaukee, two young Armenians who have fled the genocide in their homeland seek love in a new land. Together, they discover how to let go of the past & embrace the future, both frightening & full of promise. Presented by the Eureka Theatre Company, written by Richard Kalinoski & directed by David Parr. Previews 3/1&2, 6&7 Fri&Sat, Wed&Thur 8pm, opens 3/8 Fri, runs 3/9-4/14 Wed-Sat 8pm, Sun 3/10&24 2pm & 3/17&31 7pm $22.50-$18.50 FMC "Friends" $2 off w/mbrs card Bayfront Theater 243-9895 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1

9 SATURDAY

Fort Mason Tour Guided walk through this cultural & recreational facility. More than 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. 3/9&23 Sat 11am-12:30pm FREE (call to reserve space) Bldg A 441-3400

Copyright Clinic Drop-in consultations with a copyright attorney sponsored by California Lawyers for the Arts. 3/9&23 Sat 10am-12:30pm $25-$15 FMC "Friends" $1 off w/mbrs card Bldg C 775-7200 ●

Celtic Music & Arts Festival 5th annual celebration of traditional & contemporary Celtic arts includes performances by top-class musicians, dance, video, food, beverages, arts & crafts direct from Ireland & Scotland. Performers include Ronnie Drew, The Black Brothers, Andy Irvine, Ashley MacIsaac, Kevin Burke's Open House & Reeltime. Produced by Irish Arts Foundation's co-directors Peter O'Neill & Eddie Stack. 3/9& 10 Sat & Sun Noon-9pm $20-$15, FMC "Friends" & seniors $12 at the door, children 14 & under FREE Festival Pavilion 392-4400 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Alcoholics Anonymous see 3/2
West Coast Live! see 3/2 ●

SF Craft & Folk Art Museum Tour see 3/2
Charlie & The Chocolate Factory see 3/2 ●
A Watershed Adventure see 3/8
Singing Myself A Lullaby see 3/8 ●
Beast On The Moon see 3/8 ●

10 SUNDAY

SF Tesla Society Public lecture w/guest speaker on assorted topics in science & technology. 1-4:30pm FREE Bldg C 491-0930

Book Bay Bookstore see 3/1
Alcoholics Anonymous see 3/2
Charlie & The Chocolate Factory see 3/2 ●
Church By The Bay see 3/3
A Watershed Adventure see 3/8
Beast On The Moon see 3/8 ●
Celtic Music & Arts Festival see 3/9 ●

11 MONDAY

The Role Of Plants & Herbs In Medicine Learn about the use of herbs & phytochemicals with researchers & medical practitioners. Q&A session follows. Presented by the Northern California Cancer Center 9-11:45am $35 Bldg A (510) 429-2500

Welsh Arts & Film Festival Contemporary art & films presented by the Welsh American Society of Northern California. 3/11&12 Mon: *Ms Rhymney Valley* (1985), a narrative documentary by BBC Wales director Karl Francis, who introduces the film. Tue: *Branwen* (1995), a retelling of the ancient myth from the Mabinogi, produced by Angela Graham. Reception 6pm with light refreshments & Welsh ale, Film 7:30pm $12-$10 FMC "Friends" $1 off w/mbrs card Cowell Theater 751-0798 ●

Improve The Value Of Your Property Learn how to reduce expenses by effective property management & maintenance & an update on rent control ordinance. Lecture by Mary Lightner. 7-9pm FREE Bldg A 929-1515 ext 228

Three Times Four see 3/4 ●

12 TUESDAY

Violence Prevention Forum to provide local government officials, civic leaders & other policymakers, community & media leaders information on the causes of community violence & prevention strategies. Panel followed by interactive workshops. 8:30am-5pm FREE reg. req. Bldgs A/C/D & Gatehouse (510) 987-9320

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Welsh Arts & Film Festival see 3/11 ●

13 WEDNESDAY

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Adult Children Of Alcoholics see 3/6
Beast On The Moon see 3/8 ●

14 THURSDAY

American Society Of Media Photographers Annual seminar featuring two of California's masters of lighting. George Fry & Robert Holmgren discuss clever techniques & artistic composition. 7pm $20-$15 Bldg A 777-1070

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Astrology Seminar Series see 3/5
Theatrical & Commercial Headshots see 3/7
Business Opportunity Meeting see 3/7
Thursday Night Tarot see 3/7
Beast On The Moon see 3/8 ●

15 FRIDAY

Sterling Silver Jewelry Sale Hand-picked selection of high-quality silver jewelry from Taxco, Mexico. Unique designs at reasonable prices by Hi Ho Silver. 3/15-17 Fri&Sun 10am-4:30pm, Sat 9am-5:30pm FREE adm Bldg A & Gatehouse 771-4446

Personal Growth Seminar Psychodrama training & workshop using integrative action methods to train counselors & help adults explore issues. Presented by Drs. Mort & Dorothy Satten, PhDs. Training 3/15-17 Fri-Sun, Workshop 3/16&17 Sat &Sun 9am-6pm $110/day Bldg C (510) 528-3499

Contemporary Crafts Market 11th annual crafts exposition featuring thousands of handmade gifts & collectibles by some 350 top artisans. Glassblowers, jewelers, leather workers, photographers, potters, printmakers, sculptors, woodworkers & weavers discuss, display & sell their latest work. Lectures by Susan Pascal Beran on metal sculpting (Fri), Charles Cobb on woodworking (Sat), Judy Stone on enameling (Sun). Special St. Patrick's Day (Sun 11:30am-3:30pm) activities for children ages 3-10 by the SF Children's Art Center (in conjunction with an open house, see 3/17). Klds can make fanciful hats & crowns; parents can get in on the fun too! 3/15-17 Fri 2-8pm, Sat&Sun 10am-6pm $5, under 12 FREE adm Herbst&Festival Pavilions 995-4925

Nahum Zenil: Witness To The Self/Testigo Del Ser Opening reception 6-8pm FREE adm The Mexican Museum Bldg D 441-0404

1996 Asian Pacific Performing Arts Series The Lily Cai Dancers with a Chinese American world premiere; California Contemporary Dancers in *Morihei Ueshiba & the art of peace*; & the Murasaki Ensemble in a concert of jazz koto & world music. Presented by the Asian Heritage Council, Kariyushi Kai & the Kearny Street Workshop. 3/15&16 Fri & Sat 8pm $16 (all seats reserved) discounts for students/seniors FMC "Friends" $4 off w/mbrs card Cowell Theater 392-4400 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Beast On The Moon see 3/8 ●

16 SATURDAY

Persian & Oriental Rug Auction More than 400 Persian & other high-value authentic silk & wool Eastern rugs are presented. Highlights include Imperial Mashad, pure silk Qum, nomadic Persian, unusual Gabeh, museum-quality Isfahan & Tabriz, classical Heriz & sculptured silk & wool Beijing, ranges from 2x4 to Palace size. 3/16&17 Sat&Sun Preview Noon, Auction 1pm FREE adm Bldg A (800) 809-5722

Psychic Healing Fair Bring spiritual awareness into everyday life w/a reading or healing from Psychic Horizons. 1-3pm FREE Bldg C 346-7906

SF Regional Mensa Local chapter of the international IQ society invites everyone to its monthly gathering. 7pm $5 Gatehouse 329-8525

The Yoga Of Identitylessness Robert Thurman discusses the Buddhist psychology of identitylessness, the science of self-exploration. Learn to experiment with the practice of critical meditation on the twofold selflessness. 9:30am-5pm, $100 Bldg A 753-6100 ext 241

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Alcoholics Anonymous see 3/2
West Coast Live! see 3/2 ●
SF Craft & Folk Art Museum Tour see 3/2
Charlie & The Chocolate Factory see 3/2 ●
Beast On The Moon see 3/8 ●
Sterling Silver Jewelry Sale see 3/15
Personal Growth Seminar see 3/15
Contemporary Crafts Market see 3/15
Asian Pacific Performing Arts Series see 3/15

17 SUNDAY

Sisters In Crime Northern California Chapter meeting provides information relating to crime fiction, with the emphasis on women authors. 2-4pm Bldg C $2 (510) 229-3328

SF Children's Art Center Spring Open House A celebration of St. Patrick's Day for children, with green "playdough" & printmaking projects for ages 2 to 10, while parents meet staff & learn about programs. 11:30am-4pm SF Children's Art Center Bldg C 771-0292

Book Bay Bookstore see 3/1
Alcoholics Anonymous see 3/2
Charlie & The Chocolate Factory see 3/2 ●
Church By The Bay see 3/3
Beast On The Moon see 3/8 ●
Sterling Silver Jewelry Sale see 3/15
Personal Growth Seminar see 3/15
Contemporary Crafts Market see 3/15
Persian & Oriental Rug Auction see 3/16

18 MONDAY

SF Apartment Association Monthly membership meeting discusses issues pertaining to running & managing rental property. 7-10pm FREE Bldg A 255-2288

Three Times Four see 3/4 ●

19 TUESDAY

Dance Through Time presents DanceTime, a chronicle of five centuries of social dance, from the Galliarde to the Mazurka, the Charleston to Swing & Disco to Country line dancing. A lively, entertaining, yet historically accurate performance. The nationally acclaimed company presents a special tribute to founding artistic director Carol Teten. Reception follows performance. 7pm $10-$5 Cowell Theater 392-4400

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1

20 WEDNESDAY

A Taste Of France & Italy Kate Ratliffe, author of *A Culinary Journey in Gascony: Recipes & Stories From My French Canal Boat*, discusses the similarities & differences of two great cuisines. Slide show, appetizers & wine tasting. 7pm $10 Museo Italo-Americano Bldg A 673-2200

Film Contracts & Clearances A film industry attorney discusses contracts related to the making & distribution of a film, & the necessary steps to get clearances. 7-8:30pm $15 FMC "Friends" $1 off w/mbrs card California Lawyers for the Arts Bldg C 775-7200 ●

Sue Walden Gala Auction 1st annual auction to raise money for a new performing arts center. Sue Walden & Company celebrates the art of improvisation with a performance by Flash Family, music by The Wankers, fun, food, & friends. 7-10pm $7 Bldg A 885-5678

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Adult Children Of Alcoholics see 3/6
Beast On The Moon see 3/8 ●

21 THURSDAY

Fidelity National Title 1031 Exchanges Earn 4 DRE units for realtors, taught by Radah Butler & Craig Stevens. 8:30am-1pm $15 Firehouse 563-3500

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Theatrical & Commercial Headshots see 3/7
Business Opportunity Meeting see 3/7
Thursday Night Tarot see 3/7
Beast On The Moon see 3/8 ●

22 FRIDAY

From Basics Forward Lecture on the clinical aspects of diabetes treatment, management & strategies for patient education & counseling. Sponsored by the American Assoc. of Diabetes Educators & the SF Bay Area Assoc. of Diabetes Educators. 3/22&23 Fri&Sat 8am-5pm $150 reg. req. Bldg A (510) 261-1298

A Tribute To The Music Of Elton John The Lesbian/Gay Chorus of San Francisco presents the music of the pop/rock superstar. Fabulous fun, costumes, lights & music in this tribute to an openly gay rock idol. 3/22&23 Fri&Sat 8pm $25-$10 FMC "Friends" $1 off w/mbrs card Cowell Theater 861-7067 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Beast On The Moon see 3/8 ●

23 SATURDAY

Blood Drive Healthy volunteer donors needed to give blood for Bay Area patients. Organized by the Irwin Memorial Blood Centers. 8am-2:30pm FREE Gatehouse 567-6400

World As Love: World As Self Learn to release the powers to heal through sharing, meditation, spontaneous writing & interactive inquiry. Presented by J. Macy. 3/23&24 Sat&Sun 10am-5pm $120 Firehouse 753-6100 ext 241

SF Bay Area Postcard Club Monthly meeting w/ discussion & swap meet. Noon-3pm FREE Bldg C 826-8337

SF Bay Area Shaperite Executive Training Monthly meetings provide nutritional information on natural herbal products to improve quality of health. 1-4pm $10 Bldg C 648-6868

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Alcoholics Anonymous see 3/2
West Coast Live! see 3/2 ●
SF Craft & Folk Art Museum Tour see 3/2
Charlie & The Chocolate Factory see 3/2 ●
Beast On The Moon see 3/8 ●
Fort Mason Tour see 3/9
Copyright Clinic see 3/9
From Basics Forward see 3/22
A Tribute: The Music Of Elton John see 3/22 ●

24 SUNDAY

SF Bay Area Jewish Genealogical Society Bimonthly meeting with research table & screening of *How To Trace Your Jewish Roots - A Journey With Arthur Kurzweil, A Time To Gather Stones & Island Of Hope - Island Of Tears*. 1-3pm $3 Bldg C (510) 655-6789

Mintekko '96 (Minimum Technology) 2nd Annual Bay Area Student Showcase, a gala day of performances & exhibits by high school students. A recognition of creativity in the visual, literary & performing arts, w/feedback from respected professionals. Sponsored by alumni of Bennington College, famous for producing artists of worldwide renown. 1-5pm FREE Bldg A (510) 444-5380

Rebirthing Group Learn this safe, gentle breathing process facilitating relaxation, inner peace, self-improvement & mental, emotional & physical healing. Monthly meeting presented by Christian de la Huerta. 4-7pm $25 Bldg C 386-1145

Book Bay Bookstore see 3/1
Alcoholics Anonymous see 3/2
Charlie & The Chocolate Factory see 3/2 ●
Bible Study see 3/3
Church By The Bay see 3/3
Beast On The Moon see 3/8 ●
World As Love: World As Self see 3/23

25 MONDAY

Outerworld 16th annual Oscar Night Gala, a journey through alien lands while viewing the Academy Awards. Experience the finest in film, special effects & entertainment from this world & beyond; cuisine from the City's best restaurants & caterers; wine from California's finest vintners; silent auction; & dance to the edge of the galaxy. 100% of ticket sales benefit eight SF Bay Area AIDS organizations. Presented by The Academy of Friends & Nordstrom. 5:30pm-Midnight $125 Festival Pavilion 252-0713

Clipper/Database User Groups Computer users of database software share solutions to common problems. 3/26 Tue dBase user group, includes demonstration of computer software & industry news. All ability levels welcome. 3/25&26 Mon & Tue 7-10pm $5/class Bldg C/Gatehouse (510) 845-5274

Three Times Four see 3/4 ●

26 TUESDAY

What Is It All About? Artist & educator Robert McCauley gives a slide show/lecture about the SF Craft & Folk Art Museum's "Small Wonder" exhibit. 4-5pm $5 Bldg C 775-0990

Small Wonder & Have Birdcage, Hat Box & Silk Case; Will Travel Opening reception for exhibits 5-7pm FREE SF Craft & Folk Art Museum Bldg A 775-0990

People Like Me An arts education program for children ages 6-12, featuring artists of world dance & music. One-hour narrated concerts take the children on a journey of performing arts traditions from Japan, West Africa, Ireland, Mexico & Russia. Only for schools/groups by reservation. Call World Arts West. 3/26-29 Tue-Fri 10am&Noon Cowell Theater 474-3914

Tuezzday Stories "Cuban Stories" featuring *Tito's Goodbye* by Christina Garcia, *Abuela Marielita* by Cecilia Rodriguez-Milanes, & *Susan Damba Doesn't Show Herself by Day* by Lydia Cabrera. Part of a series of short-story readings by actors on the last Tuesday of each month, 1/30-5/28. Presented by Magic Theatre & *Zyzzyva*, the quarterly magazine of West Coast writers & artists. 7pm FREE Magic Theatre Bldg D 441-8822

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Clipper/Database User Groups see 3/25

27 WEDNESDAY

Peace Corps Public Forum Program & discussion led by returned volunteers on their experiences living & working overseas. Questions answered about the program & application process. 7-9pm FREE Bldg C 744-2677

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Adult Children Of Alcoholics see 3/6
Beast On The Moon see 3/8 ●
People Like Me see 3/26

28 THURSDAY

Bay Area Book Reviewers Awards Local critics recognize the best work of Northern California writers in fiction, nonfiction, poetry, children's literature & translation. Poet, painter & publisher Lawrence Ferlinghetti of City Lights Books receives the Fred Cody Award for lifetime achievement. No-host bar 6pm, Awards 7pm, reception & book signing 9pm $12 FMC "Friends" $1 off w/mbrs card Cowell Theater (510) 525-5476 ●

Make Historical Miniatures Educational plastic models under construction are displayed. The SF North Bay Chapter of the International Plastic Modelers Society presents projects. 7:30-9:30pm FREE Gatehouse 499-5612

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Business Opportunity Meeting see 3/7
Thursday Night Tarot see 3/7
Beast On The Moon see 3/8 ●
People Like Me see 3/26

29 FRIDAY

Recess! Night of play for adults. Bring friends or make new ones at this playful, laugh-ful break from everyday life by Sue Walden & Co. 7-10pm $15 FMC "Friends" $5 off w/mbrs card Bldg C 885-5678 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Beast On The Moon see 3/8 ●
People Like Me see 3/26

30 SATURDAY

Death & Non-Ordinary States Of Consciousness Seminar investigating the psychological, philosophical & spiritual aspects of death & dying. Includes modern studies of death & rebirth, near-death experiences, karma, reincarnation, the ancient books of the dead & practical application. Presented by Stanislav Grof, MD. 10am-4pm $85 Bldg A 863-2910

Great Chocolate Factory Festival A benefit for Young Performers Theatre Children In Need Program, providing birthday parties, performances & classes for children & families unable to afford them. See excerpts from *Charlie & The Chocolate Factory* (see 3/2), sample chocolate & bake sale treats. 3/30&31 Sat&Sun Noon-4pm $10-$7 Bldg C 346-5550

Amanae Demo/Transmission Christine Day demonstrates spiritual bodywork & energy transmission. 1-5:30pm $11 Bldg C (707) 463-2653

More Than Meets The Eye Demonstration of research techniques for historic photographs. Study Gold Rush panoramas to locate streets in water & potential submerged vessels. Slide presentation on interpreting historic photos by Nancy Olmsted of Resources Consultants. 5:30-7pm FREE J. Porter Shaw Maritime Library Bldg E 556-9870

Gamelan Sekar Jaya Music & dance of Bali led by Dewa Berata. The program includes the SF premiere of a collaboration with Abhinaya Dance Co. of San Jose, the first piece in a year-long collaboration. 8pm $12-$10 FMC "Friends" $1 off w/mbrs card Cowell Theater 392-4400 ●

Book Bay Bookstore see 3/1
J. Porter Shaw Maritime Library see 3/1
Alcoholics Anonymous see 3/2
West Coast Live! see 3/2 ●
SF Craft & Folk Art Museum Tour see 3/2
Bible Study see 3/3
Theatrical & Commercial Headshots see 3/7
Beast On The Moon see 3/8 ●

31 SUNDAY

Women's Heritage Museum Book Fair A celebration of National Women's History Month. Participants include authors, publishers, book sellers & organizations. Panel topics: Oral History & Storytelling; The Evolving Family; Will the UN Conference in China Improve the Lives of Women; California Poets in the Schools; Biography: A Process of Giving Voice; Publishing the Woman Writer; & Children's Literature. 10am-4:30pm FREE Bldg A 433-3026

Book Bay Bookstore see 3/1
Alcoholics Anonymous see 3/2
Church By The Bay see 3/3
Beast On The Moon see 3/8 ●
Great Chocolate Factory Festival see 3/30

● Friends of the Fort Discount

CLASSES & WORKSHOPS

MARTIAL ARTS

Chinese Martial Arts w/Jack Man Wong. Learn Tai Chi & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. 3/3-31 (no class 3/10) Wed 5:50-7:30pm, Sun 10am-Noon $40/mo Bldg C (510) 261-7105

Jing Mo Athletic Association Traditional gung-fu hand forms & weapons for exercise/self-defense. Adults & children. 3/1-29 Fri 6:30-9pm $35-$25/mo Bldg C 753-1269

Original Tai Chi Chuan Gene Chen teaches relaxation from stress, self-defense against sickness & dangerous attacks & to balance both mind & body. 3/5-28 Tue&Thur 7:45-9:45pm $50/mo Bldg C 661-3786

Shaolin/Wudang Mountain Kung Fu Martial arts, conditioning, internal exercises & meditation for serious students. 3/1-29 Tue&Thur 6-7:30pm, Fri 7-8:30pm $50/mo Bldg C 564-9282

Tai Chi Practice w/Cloud Hands West. 3/2-30 (no class 3/9) Sat 8:30-10am $10/mo Bldg C 641-0578

Yi Chuan (Buddhist Chi Gung) Master Cheuk Fung teaches these traditional methods for health, healing & martial arts ability. 3/5-28 Tue&Thur 7:30-9:30pm $70/mo Bldg C (510) 352-1263

EDUCATION

Business Opportunity Meeting Learn about entrepreneurial business opportunities in telecommunications customer acquisition. 3/7-28 Thur 7-9pm FREE Bldg C 342-4100

Clipper/Database User Groups Computer users share solutions to common problems. 3/26 Tue dBase Group includes demonstration of computer software & industry news. All ability levels welcome. 3/25&26 Mon&Tue 7-10pm $5/class Gatehouse & Bldg C (510) 845-5274

Fidelity National Title 1031 Exchanges Earn 4 DRE units for realtors, taught by Radah Butler & Craig Stevens. 3/21 Thur 8:30am-1pm $15 Firehouse 563-3500

Improve The Value Of Your Property Learn how to reduce expenses by effective property management & maintenance. Update on rent control ordinance. Lecture by Mary Lightner. 3/11 Mon 7-9pm FREE Bldg A 929-1515 ext 228

Italian Language Classes Various levels meet in small groups once a week for 10 wks. 3/18-5/23 Mon-Thur 10am or 6:30pm $135/10 wks Museo ItaloAmericano Bldg C 673-2200

Issues For Multiracial Kids Understand the responsibilities in raising a multiracial child. How can you enhance your child's racial pride? Presented by Pact, An Adoption Alliance. 3/21 Thur 7-9:30pm $10 Bldg C 221-6957

The Positive Power Of Anger Workshop Learn to use anger as a powerful teacher & gain a positive new direction in fulfilling your life. 3/2 Sat 10am-1pm $45 Gatehouse 282-5434

Puppy & Dog Obedience & Behavior Sharon Newman of Canine Counseling provides training based on respect & trust. Drop-in classes. 3/7-28 Thur 6:30-7:30pm $10/class Bldg C 648-2736

Puppy Training Enjoyable puppy-friendly classes that produce people-friendly & mannerly adult dogs. 3/11-4/15 Mon 6-8pm $125/6wk course Bldg C (510) 658-8588

Saturday Class Traffic School DMV & court-approved school to help clear your driving record. 3/2 & 30 Sat 8am-4:15pm $26 Bldg C (800) 294-0088

Self-Defense Seminars Learn awareness to foresee trouble, assertiveness to speak up & hands-on self-defense. Presented by SDP & Assoc. 3/24 Sun (women's class) 9:30am-3:30pm $120/class Bldg C 753-2796

VISUAL ARTS & MEDIA

California Lawyers For The Arts provides legal referrals & services for arts individuals & organizations of all disciplines. Bldg C 775-7200

Forming A Nonprofit Organization Steps in forming a nonprofit organization: articles of incorporation, bylaws & federal tax exemption application. 3/6 Wed 7-8:30pm $15 FMC "Friends" $1 off w/mbrs card ● see 3/6

Copyright Clinic Consultations by appointment with an attorney on copyright issues. 3/9&23 Sat 10am-12:30pm $25-$15

Film Contracts & Clearances Discussion by a film industry attorney. 3/20 Wed 7-8:30pm $15 FMC "Friends" $1 off w/mbrs card ● see 3/20

CCSF Fort Mason Art Campus Academic & recreational classes in ceramics, drawing, basketry, jewelry, painting, printmaking, sculpture, photography, textiles, stained glass, & the business of art. Registration is still open for non-credit (continuing education) classes. Office hours Mon&Fri 8:30am-5:30pm, Tue-Thur 8:30am-10:30pm, Sat 8:30am-4:30pm Bldg B 561-1840

Capturing Radiant Color Susan Sarbuck, author of *Capturing Radiant Color,* demonstrates secrets to illuminate your paintings. 3/13 Wed 9am-4pm $75 Bldg C (916) 944-7256

Designing The '90s - Portfolio Class *by Teliha* Draheim in textile design study & portfolio development. 3/11-7/15 Mon 7:15-9:45pm $400 Bldg C 258-0342

Faux Finishing Turn walls & furniture into works of art. 3/23 Sat 11am-4:45pm $89/class + $10 materials Bldg C 788-5500

Faux Marble Finishing Learn to turn surfaces into works of beauty. 3/9 Sat 11:30am-4:30pm $80/class (includes materials) FMC "Friends" $8 off w/mbrs card Bldg C 431-1888 ●

Fiction Writing Intensive workshop for novelists, short-story writers & authors of literary nonfiction. Taught by Tom Jenks. 2/14-4/10 Wed (no class 3/27) 7:30-10:30pm $750/8-session course Bldg D 346-4115

Western Public Radio Advanced & beginning classes in all aspects of radio, including broadcasting, production & technical. Low-cost studio time available. Bldg D 771-1161

ENVIRONMENT

Environmental Traveling Companions Experience the magic of kayaking or rafting while contributing to wilderness access for people w/disabilities & disadvantaged youth. Scholarships available for special needs. Bldg C 474-7662

J. Porter Shaw Maritime Library Collection of maritime history: books, magazines, oral histories, ships' plans & SFMNHP's 250,000 photographs. Orientations by reservation. Tue 5-8pm, Wed-Fri 1-5pm, Sat 10am-5pm FREE SF Maritime National Historical Park Bldg E 556-9870

Rolling Home: Stories Of The Sea SF theater artist & storyteller Mark Kenward presents his latest works. 3/2 Sat $3-$2 5:30-7:30pm see 3/2

More Than Meets The Eye Demonstration of research techniques for historic photographs. 3/30 Sat FREE 5:30-7pm see 3/30

Oceanic Society Expeditions sponsors ocean wildlife educational trips & whale-watching tours in season. Bldg E 474-3385

Sailing Education Adventures Volunteer program on enjoying & caring for the Bay & ocean environment. Programs for beginners taught by US Sailing Assoc certified volunteers. Bldg E 775-8779

SF Bay Area Oceanic Crew Group Sharpen skills & enjoy sailing w/qualified skippers & crew. Support environmental groups involved with Bay Area shores & waters. 3/19 Tue 7-10pm yearly dues $30, meetings FREE Bldg C 979-4866

HEALTH & RECREATION

Greek Folk Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek-folk dances w/Anna Efstathiou. 3/4-25 Mon 8-10pm $7/class Bldg C (510) 339-8357

Irish Country Dance Larry Lynch teaches Irish social dancing for adults. Non-competitive, non-performance, no partner necessary. 3/6 Wed 8-9:30pm & 3/13 Wed 8-11pm $60/12 lessons Bldg C 877-8250

Swing/Jitterbug, Cajun/Zydeco Dance Combine new moves & put style into your steps with dance-master Diana Castillo. 3/6-27 Wed each class $35/4wks FMC "Friends" $2 off w/mbrs card Bldg C (510) 549-3591 ●

Cajun/Zydeco Contemporary & authentic traditional. 6pm

Beginners Lindy/Swing Learn the basics: jive, jump, swing & boogie-woogie. 7pm

Intermediate Lindy/Swing Popular & versatile dance steps for Big Band, Rockabilly, '50s Rock 'n' Roll, Country Swing & Rhythm & Blues. 8pm

Beyond Health MIT-trained scientist Raymond Francis presents a workshop on health. 3/21 Thur 7-9pm $10 Gatehouse 453-7588

From Basics Forward Lecture on diabetes treatment, management, patient education & counseling. Pre-reg. req. 3/22&23 Fri&Sat 8am-5pm $150 Bldg A (510) 261-1298

Improve Your Eyesight! Learn a holistic, self-healing method used by many to improve eyesight & eliminate the need for glasses. 2/12-4/1 Mon $245/8wk course 7:30-9:30pm Bldg C 824-0135

Introduction To Meditation Techniques taught by the Sri Chinmoy Meditation Centre. 3/4 Mon 7-8pm FREE Gatehouse 664-1327

Liebovian Hypnosis For Smokers Help yourself kick the habit in one session with Richard Liebow. Includes weight & stress management techniques. 3/7 Thur 6:30-9:30pm $39 Bldg C 928-2851

Keys To Stress Management Expand mental, physical & emotional well-being through meditation. 3/24 Sun 12:30-6pm $50/class Bldg C 381-0839

Meditation Class Learn to improve the quality of life through meditation, taught by English Buddhist monk Gen Thubten Gyatso. 3/2-30 Sat 7-9pm $10/class Bldg C 731-5973

Raven & Dragon Women's Empowerment Group Retreat – nourish intuition & power in your daily life. 1/18-3/21 Thur 7-9pm $175/course Bldg C 487-6699

Rebirthing Group Learn this safe, gentle breathing process facilitating relaxation, inner peace, self-improvement & mental, emotional & physical healing. Presented by Christian de la Huerta. 3/24 Sun 4-7pm $25 Bldg C 386-1145

The Role Of Plants & Herbs In Medicine Learn about the use of herbs & phytochemicals with researchers & medical practitioners. Q&A session follows. Presented by the Northern California Cancer Center. 3/11 Mon $35 9-11:45am Bldg A (510) 429-2500

SF Bay Area Shaperite Nutritional information on natural herbal products to improve quality of health. 3/23 Sat 1-4pm $10 Bldg C 648-6868

Stress Reduction For Lawyers Learn exercises that reduce stress & tension, especially for the legal profession. Presented by Barry Schieber, Dean, Ningma Inst. 3/1 Fri 8:30-9:30am $60, & 9:45am-3:30pm $200 Firehouse (510) 843-6812

The Yoga Of Identitylessness Robert Thurman discusses the Buddhist psychology of identitylessness, the science of self-exploration. 3/16 Sat 9:30am-5pm, $100 Bldg A 753-6100 ext 241

World As Love: World As Self Learn to release the powers to heal through sharing, meditation, spontaneous writing & interactive inquiry. Presented by J. Macy. 3/23&24 Sat&Sun 10am-5pm $120 Firehouse 753-6100 ext 241

CHILDREN'S CLASSES

SF Children's Art Center Classes for children ages 2-10 in drawing, printmaking & sculpture. Drop-in classes & art birthday parties available. Bldg C 771-0292

Spring Open House A celebration of St. Patrick's Day for children, with green "playdough" & printmaking projects while parents meet staff & learn about programs. 3/17 Sun 11:30am-4pm

Young Performers Theatre Performances for the family Sat 1pm, Sun 1&3:30pm $7 adults, $5 children under 13 FMC "Friends" $1 off w/mbrs card Young Performers Theatre Bldg C 346-5550 ●

Charlie & The Chocolate Factory Who wouldn't want to visit Charlie & Willy Wonka in the chocolate factory? 2/24-3/24 ●

Great Chocolate Factory Festival A benefit for Young Performers Theatre Children In Need Program. 3/30&31 Sat&Sun Noon-4pm $10-$7 see 3/30

YPT Theatre Arts Academy Spring 1996 dramatic arts classes for children ages 3 & older. Call for info. on classes - days, times & cost vary. 2/12-5/11. See article.

PERFORMING ARTS

A Is For Acting: The First Step Meet the characters inside yourself. Taught by B. Lynn Goodwin for actors, teachers, salespeople, playwrights & others. 3/5-4/23 Tue 6:30-9:30pm $180-$150/8wk course Bldg C (510) 838-9057

Blue Bear School Of American Music A variety of private lessons, group classes & band workshops in Rock, Jazz, Blues, Soul & other popular music styles for all ages & levels. Day & evening programs. Bldg D 673-3600

Sue Walden & Co. Presents Improvisational training in a noncompetitive, playful atmosphere using exercises, games & structures. Bldg C 885-5678

Basics Of Improvisation 1/17-3/13 Wed or 2/19-4/8 Mon 7-9:30pm $185

Intermediate A 1/15-3/18 Mon 7-9:30pm, $195

Intermediate B 1/16-3/12 Tue 7-9:30pm $195

Improvising Characters 1/15-3/18 Mon 7-9:30pm $195

Advanced Scenes Techniques Performance scene structures & formats, includes foreign films, dubbing, film & theater styles. 1/15-3/18 Mon 7-9:30pm $195

Improvising Opera Use of arias & other operatic tools to improvise original operas & have fun. 3/25 Mon 7-9:30pm $55-$45

FUN-damentals Workshop for couples & singles using playful games & exercises. 3/19-4/9 Tue 7-9:30pm $95

Recess! Night of play for adults. Bring friends or make new ones at this playful, laugh-ful break from everyday life. 3/29 Fri 7-10pm $15 Bldg C FMC "Friends" $5 off w/mbrs card ●

Gala Auction Fundraiser for a new performing arts center. 3/20 Wed 7-10pm $7 Bldg A

● Friends of the Fort Discount

ARE YOU LOOKING FOR MEETING SPACE?

Fort Mason Center has a wide variety of attractive and affordable facilities available for workshops, seminars, training and educational programs, retreats, performances, and special events.

Our facilities, including Conference Center, Firehouse, Herbst and Festival Pavilions, Cowell Theater and Meeting Rooms, are capable of handling groups from 5 to 5,000. You are welcome to make food service arrangements with a caterer of your choice.

There is ample free parking on site and along the beautiful Marina Green, with easy accessibility from all directions. MUNI comes right to our front door.

Located between the Golden Gate Bridge and Fisherman's Wharf on San Francisco's northern waterfront, Fort Mason is a unique blend of entertainment and education, open day and night, 365 days each year. A National Historic Landmark and part of the Golden Gate National Recreation Area, it's the setting for more than 15,000 events each year.

Please call (415) 441-3400 for information, Monday through Saturday, 9am to 5pm.

THE BOARD ROOM

A new room is available to rent in Landmark Building D at Fort Mason Center.

This space is perfect for small meetings, with seating around a large table for fourteen people, with eleven additional seats against the walls.

This new space comes equipped with a 13-inch TV/VCR, an easel, and a coffee urn.

The rate is $12 to $14 per hour. For information, call Joyce Harper, Manager, Meeting & Activity Space, at the Fort Mason Center office, 441-3400.

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FORT MASON CENTER

Fort Mason Foundation: office in Landmark Building A, 441-3400, open Monday through Saturday, 9am-5pm.

Fort Mason Box Office: Ticket service information line, 441-FMTS

Founded in 1976

All events are presented through the cooperation of the Fort Mason Foundation.

24-hour recorded message of information about Fort Mason Center activities and events: call 979-3010.

Calendar design: Broom & Broom, Inc.

Printer: Howard Quinn Co.

Change of Address: Forward both old and new addresses, plus a copy of your most recent mailing label to: Calendar, Landmark Building A, Fort Mason Center, San Francisco, CA 94123-1382

Fort Mason Center is wheelchair-accessible.

RESIDENT DIRECTORY

Fort Mason Center houses about fifty resident nonprofit organizations. These groups can provide you with information on printmaking, broadcasting, river rafting, theater, marine ecosystems, copyrights, the recording business and much more. Visit the offices to find out what services, speakers, classes, or trips these outstanding Bay Area groups have to offer.

BUILDING A

Fort Mason Foundation (441-3400)
Greens Restaurant (771-6222)
Greens-To-Go (771-6330)
SF Craft & Folk Art Museum (775-0990)
SFMMA Rental Gallery (441-4777)

BUILDING B

Arts Arbitration & Mediation Services (775-7715 or 775-7200)
Bayfront Theater (441-3400)
California Tomorrow (441-7631)
City College of SF Fort Mason Art Campus (561-1840)
Coffee Gallery (561-1840)
Cooks & Company (673-4137)
Marine Exchange (441-6600)
Ploughshares Fund (775-2244)

BUILDING C

ArtHouse (885-1194)
Book Bay Bookstore (771-1076)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
The Fund for Animals (474-4020)
Italian American Cultural Center (673-2200)
Museo ItaloAmericano (673-2200)
Performing Arts Workshop (673-2634)
SF African American Historical & Cultural Society (441-0640)
SF Children's Art Center (771-0292)
Tuolumne River Preservation Trust (292-3531)
Young Performers Theatre (346-5550)

BUILDING D

Blue Bear School of Music (673-3600)
Friends of the SF Public Library (771-3777 or 558-3857)
Magic Theatre (441-8001 office, 441-8822 box office)
Mexican Museum (441-0404 gallery, 441-0445 office)
National Federation of Community Broadcasters (771-1161)
National Poetry Association (776-6602)
Northern California Center for African American Arts (510-655-1195)
Western Public Radio (771-1161)
World Arts West/City Celebration (474-3914)

BUILDING E

Associates of the J. Porter Shaw Library (556-9870)
Endangered Species Project (921-3140)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Oceanic Society Expeditions (441-1106)
Sailing Education Adventures (775-8779)
SF Maritime National Historical Park Headquarters (556-1659)
Collections Storage Facility (556-3797)
Historic Documents Department (556-9876)
J. Porter Shaw Library (556-9870)
Yacht Racing Association of SF Bay (771-9500)

PIERS

PIER 1
BayKeeper (567-4401)
National Liberty Ship Memorial SS Jeremiah O'Brien, offices (441-3101)
Resource Renewal Institute (928-3774)
Green Century Project
Water Heritage Trust

PIER 2
Bayfront Gallery (441-3400)
Cowell Theater (441-3400)
Herbst Pavilion (441-3400)

PIER 3
Festival Pavilion (441-3400)

UPPER FORT MASON

Bay & Franklin Street entrance

BLDG. 1
Fort Mason Officers Club (441-7700)

BLDG. 101
National Park Police (556-7968)
(emergencies: 556-7940)

BLDG. 111
SF Conservation Corps (928-7322)

BLDG. 201
Golden Gate National Park Assn. (776-0693)
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)

BLDG. 240
SF International Hostel (771-7277)

FRIENDS OF THE FORT

Friends of the Fort Benefits

Individual*—Monthly Calendar • Friends card • Magic Theatre season subscription discount (late summer/early fall) • single-ticket discount for Magic Theatre & selected performances at Bayfront & Cowell Theaters • 5% off sales at SFMMA Rental Gallery • discounts on selected special events*

Bonus/Family*—All of the above + 2nd Friends card*

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A special opportunity to play a part in the development of Fort Mason's Cowell Theater with commemorative seating.

Subscriber*—All of the above+Cowell Theater Subscriber seat dedication*

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Director*—All of the above + Cowell Theater Director seat dedication*

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Checks payable to: ***Fort Mason Foundation***

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Mail to: FORT MASON FOUNDATION, Landmark Building A, Fort Mason Center, San Francisco, CA 94123-1382

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